

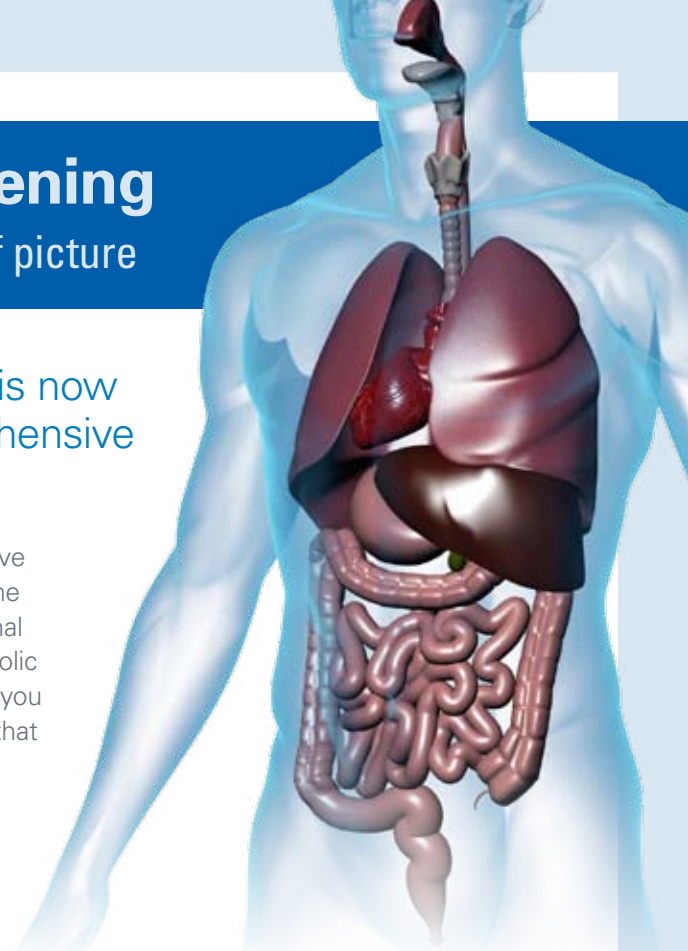
# Comprehensive Health Screening

Because the health of your heart is only part of picture

**Great news!** Your health screening provider is now using new technology that delivers a comprehensive assessment of your vital organ functions.

As part of your opportunity for an on-site health screening, you now have the option to select a comprehensive metabolic health assessment. The comprehensive metabolic panel checks the wellness of your vital internal organs including liver, kidney cardiovascular and other important metabolic functions. These tests can help determine your overall wellness and if you are potentially at risk for a variety of conditions. It is important to note that these tests are not intended to be a substitute for professional medical advice or treatment.

We encourage you to be proactive in maintaining a healthy lifestyle and participate in these screenings annually because abnormal health conditions can develop or intensify within a period of one year or less.



## Understanding your comprehensive health screening test results:

Your comprehensive health screening contains accurate blood test results for a variety of elements. The elements in your blood indicate the function of your vital internal organs. Below are brief descriptions of the tests in a comprehensive metabolic panel and what they can indicate. Any abnormality in your tests does not necessarily mean that you are at risk for a particular condition. **We encourage you to consult a physician about your test results.**

**Albumin (ALB)** - is part of serum protein. Decreased levels can indicate many disorders.

**Alkaline Phosphatase (ALP)** - is found in the liver, bile duct and bones. Abnormal levels can indicate liver or bone disorders.

**Aspartate Aminotransferase (AST)** - is found in the liver, cardiac and skeletal muscle. Elevated levels can indicate liver and muscle disorders.

**Alanine Aminotransferase (ALT)** - is found in muscle, cardiac and liver cells. Elevated levels commonly occur with liver disease.

**Blood Urea Nitrogen (BUN)** - is an end-product of metabolism. BUN levels can indicate kidney disorders and other medical conditions.

**Calcium (Ca)** - relates to the bones, heart, nerves, kidneys and teeth. Abnormal levels can indicate a variety of conditions.

**Carbon Dioxide (tCO<sub>2</sub>)** - is an electrolyte and is used to evaluate the body's pH balance.

**Chloride (Cl<sup>-</sup>)** - is another electrolyte and is used to evaluate the body's hydration and acidosis levels.

**Creatinine (CRE)** - is a product released from muscle tissue and excreted from the kidneys. Abnormal levels can indicate kidney disorders.

**Glucose (GLU)** - is the main source of energy for living organisms. The most important cause of elevated glucose is diabetes mellitus, but many other disorders can also elevate glucose levels in the blood.

**Potassium (K<sup>+</sup>)** - is an electrolyte that relates to hyperkalemia in the body. Abnormal levels can indicate a variety of conditions.

**Sodium (Na<sup>+</sup>)** - is an electrolyte and is used to evaluate the body's hydration or dehydration balance.

**Total Bilirubin (TBIL)** - is used to determine the health of the red blood cells in the body. Abnormal levels can indicate liver damage.

**Total Protein (TP)** - is used to determine general nutritional status. Abnormal levels can indicate a variety of conditions.

Lab accurate tests performed on a:

**piccolo** *xpress*<sup>™</sup>  
chemistry analyzer

Your comprehensive blood test results provide a proactive assessment of your vital organs including kidney, liver, cardiovascular and other metabolic functions.

Your test results and other information being provided are not intended to be a substitute for professional medical advice, nor should the information be used for medical treatment without first consulting with a physician. These screening results are being provided so you can discuss them with your personal physician. Abnormal test results do not necessarily mean you have a serious condition. Furthermore, if you have a normal result, this does not guarantee that you are free from significant health problems. Changes to ones health status can occur at anytime. As these are screening tests, more involved testing may be necessary to ascertain your complete health status.

**We encourage you to consult a physician about your health screening test results.**

Paste Test  
Results Here.

BLOOD TEST	RESULT	
<b>COMPREHENSIVE METABOLIC</b>		
<b>ALB</b> - Albumin	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>ALP</b> - Alkaline Phosphatase	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>AST</b> - Aspartate Aminotransferase	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>ALT</b> - Alanine Aminotransferase	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>BUN</b> - Blood Urea Nitrogen	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>Ca</b> - Calcium	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>tCO<sub>2</sub></b> - Carbon Dioxide	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>Cl<sup>-</sup></b> - Chloride	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>CRE</b> - Creatinine	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>GLU</b> - Glucose	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>K<sup>+</sup></b> - Potassium	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>Na<sup>+</sup></b> - Sodium	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>TBIL</b> - Total Bilirubin	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>TP</b> - Total Protein	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>LIPID PROFILE</b>		
<b>CHOL</b> - Total Cholesterol	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>HDL</b> - High Density Lipoprotein	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>LDL</b> - Low Density Lipoprotein	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>TRIG</b> - Triglyceride	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up
<b>VLDL</b> - Very Low Density	<input type="checkbox"/> Normal	<input type="checkbox"/> Follow-up

Area for customization by screener.